

Stages of Cellular Respiration

The three main stages of cellular respiration are glycolysis, the Krebs cycle, and the electron transport chain.

Chemical Energy and Food

Food provides living things with the chemical building blocks they need to grow and reproduce.

Food molecules contain chemical energy that is released when its chemical bonds are broken.

Lesson Overview Cellular Respiration: An Overview

Chemical Energy and Food

Energy stored in food is expressed in units of calories. A **Calorie** is the amount of energy needed to raise the temperature of 1 gram of water by 1 degree Celsius. 1000 calories = 1 kilocalorie, or Calorie.

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Chemical Energy and Food

Cells use all sorts of molecules for food, including fats, proteins, and carbohydrates. The energy stored in each of these molecules varies because their chemical structures, and therefore their energy-storing bonds, differ.

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Chemical Energy and Food

Cells break down food molecules gradually and use the energy stored in the chemical bonds to produce compounds such as ATP that power the activities of the cell. **Lesson Overview** Cellular Respiration: An Overview

Overview of Cellular Respiration

What is cellular respiration?

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Overview of Cellular Respiration

Cellular respiration is the process that releases energy from food in the presence of oxygen. Lesson Overview Cellular Respiration: An Overview

Overview of Cellular Respiration

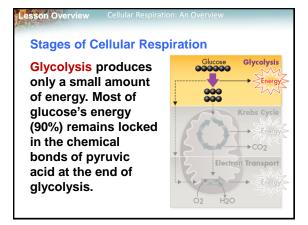
If oxygen is available, organisms can obtain energy from food by a process called **cellular respiration.** The summary of cellular respiration is presented below.

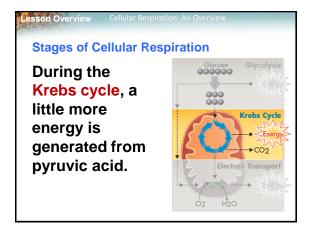
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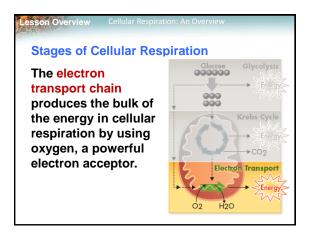
 $6 O_2 + C_6 H_{12} O_6 \rightarrow 6 CO_2 + 6 H_2 O + Energy$

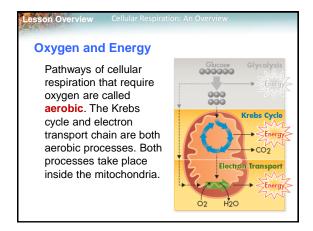
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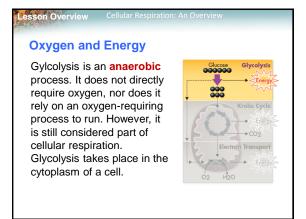
Oxygen + Glucose → Carbon dioxide + Water + Energy











Comparing Photosynthesis and Cellular Respiration

What is the relationship between photosynthesis and cellular respiration?

